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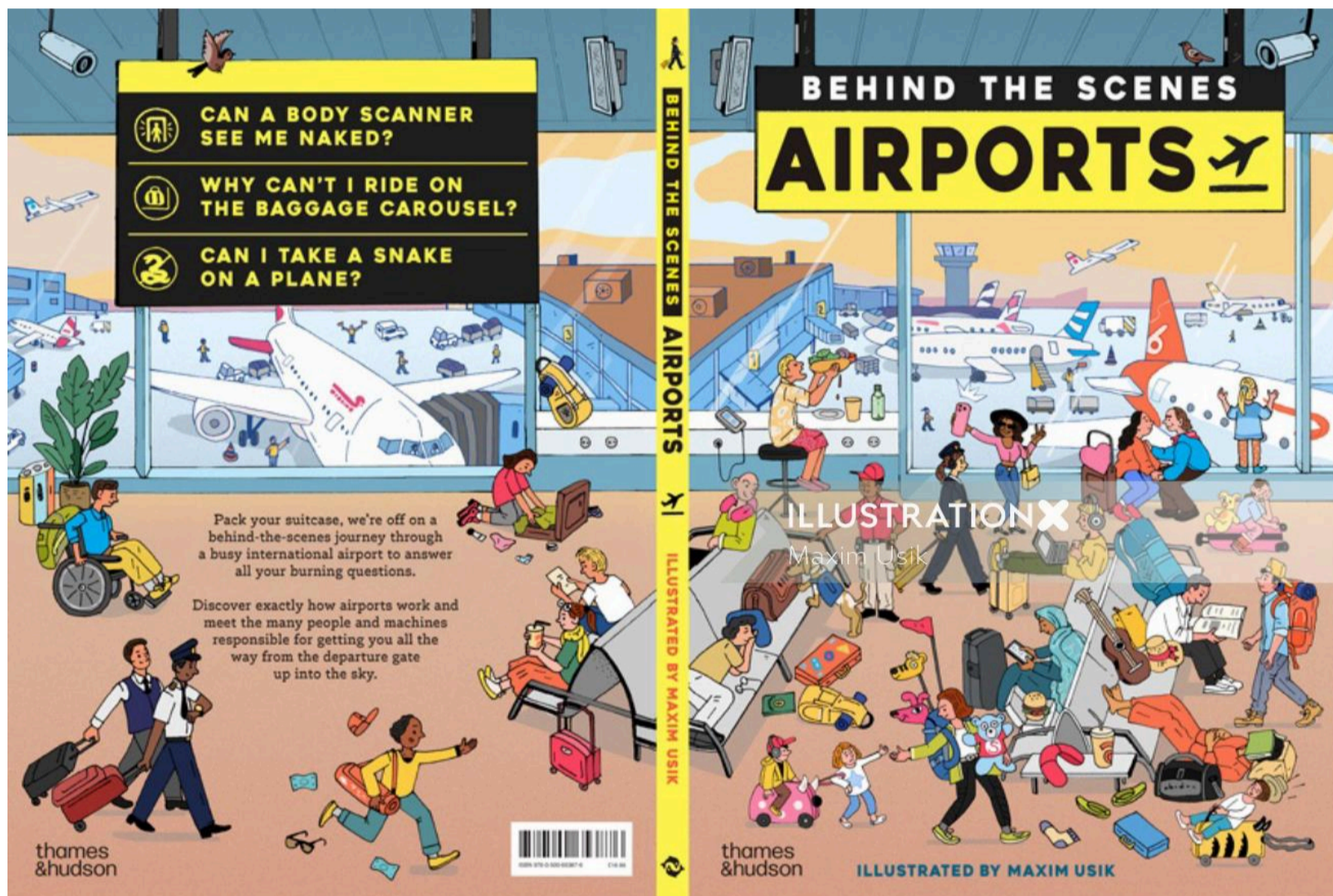
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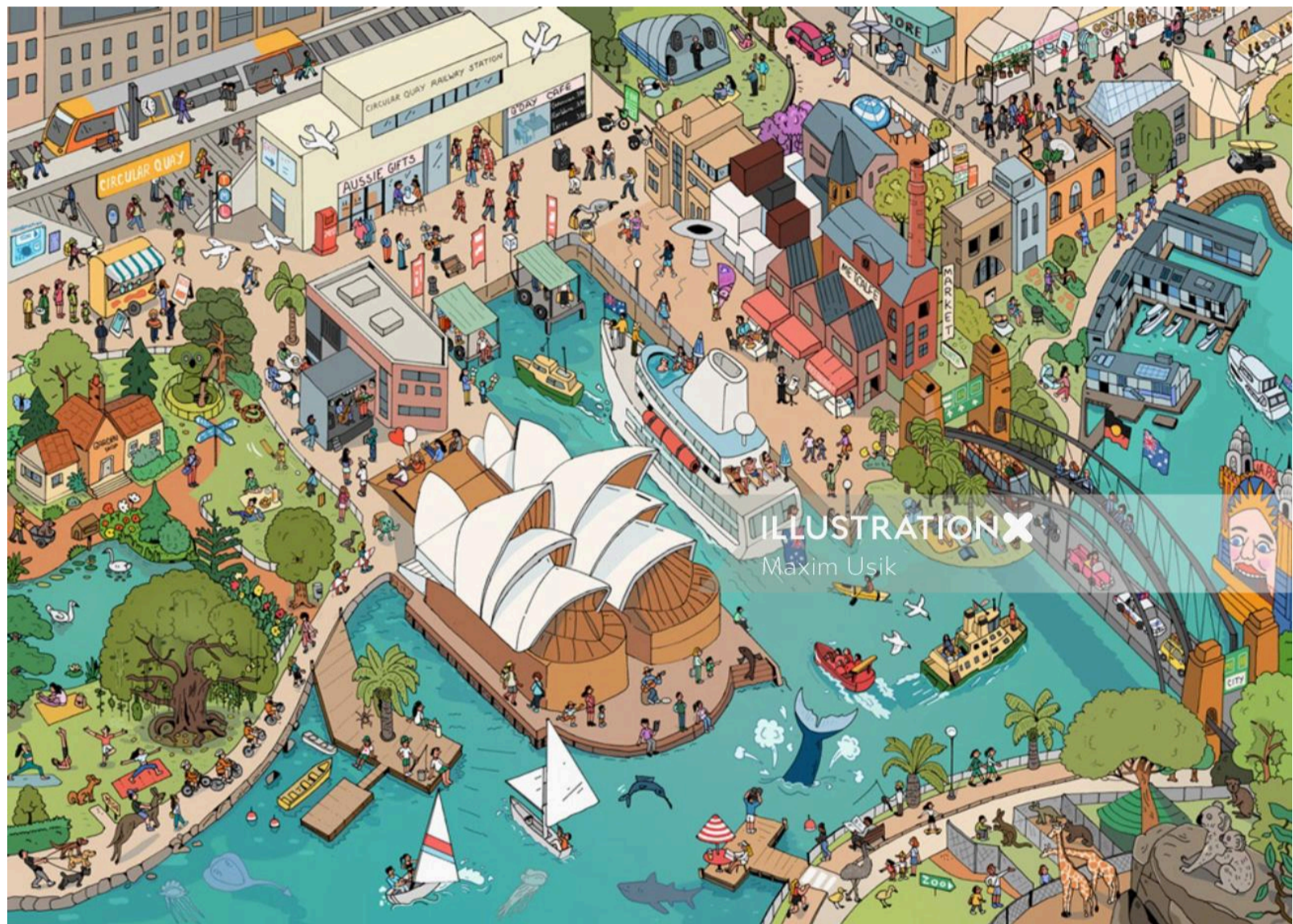
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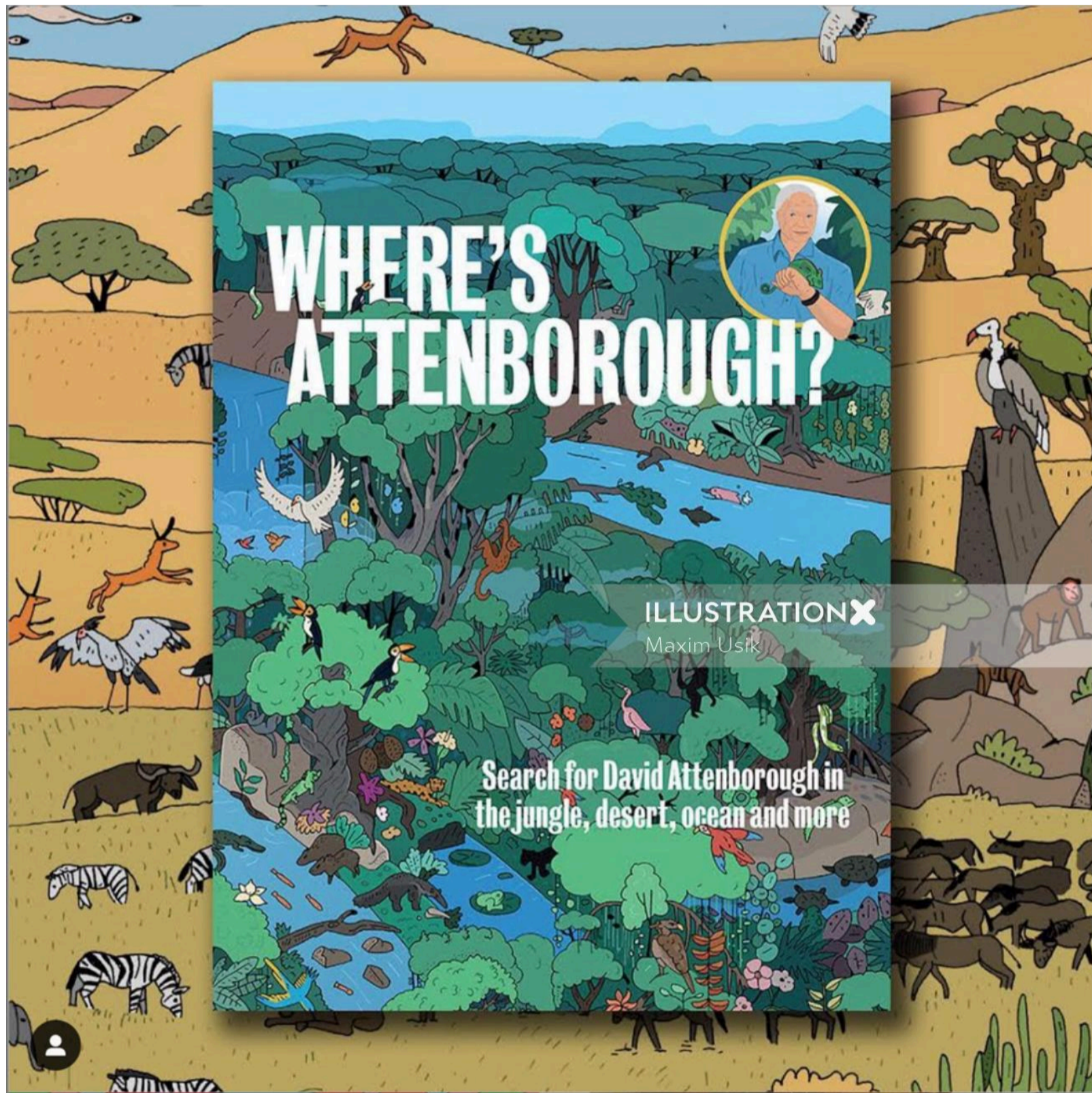
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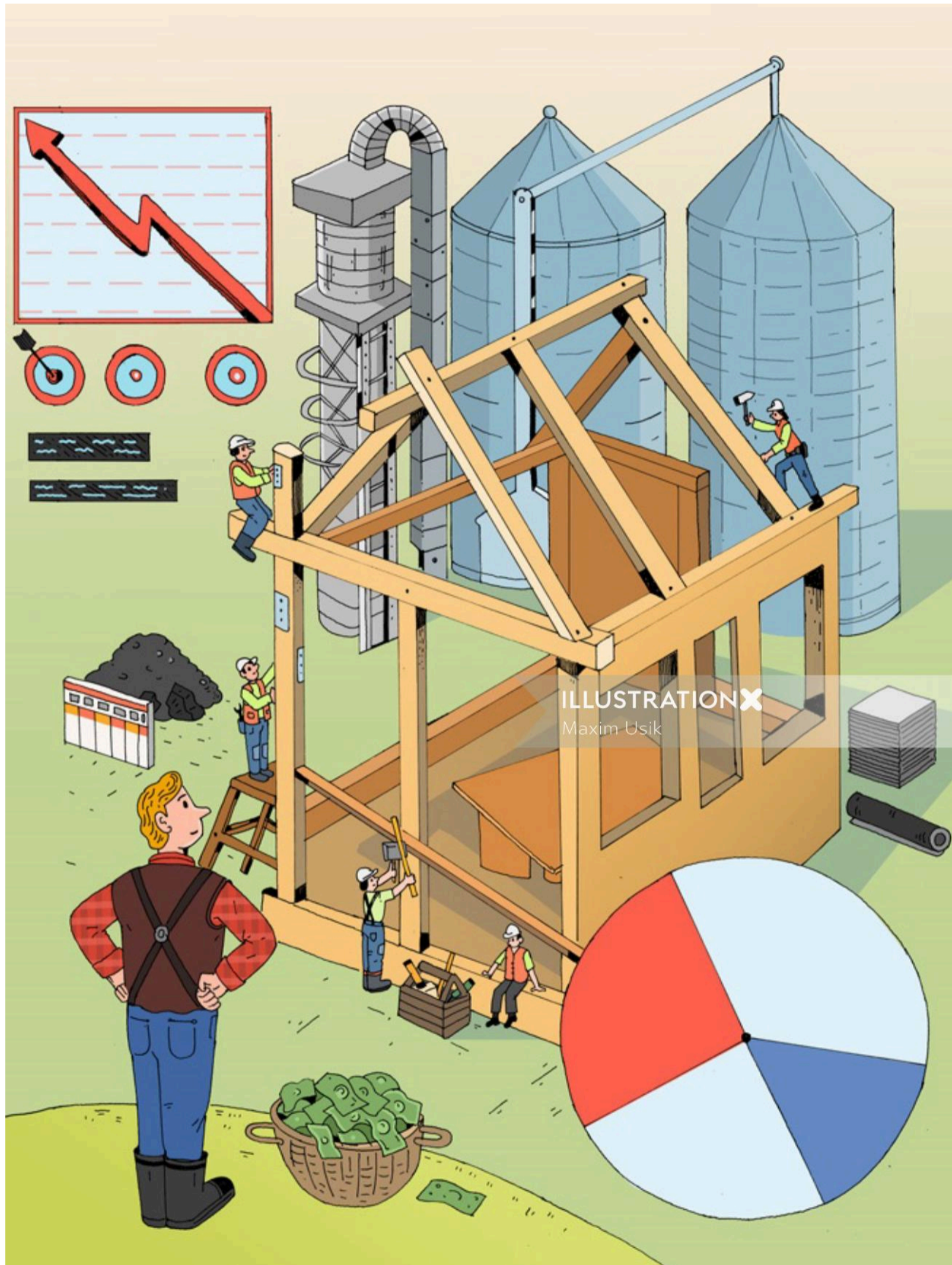
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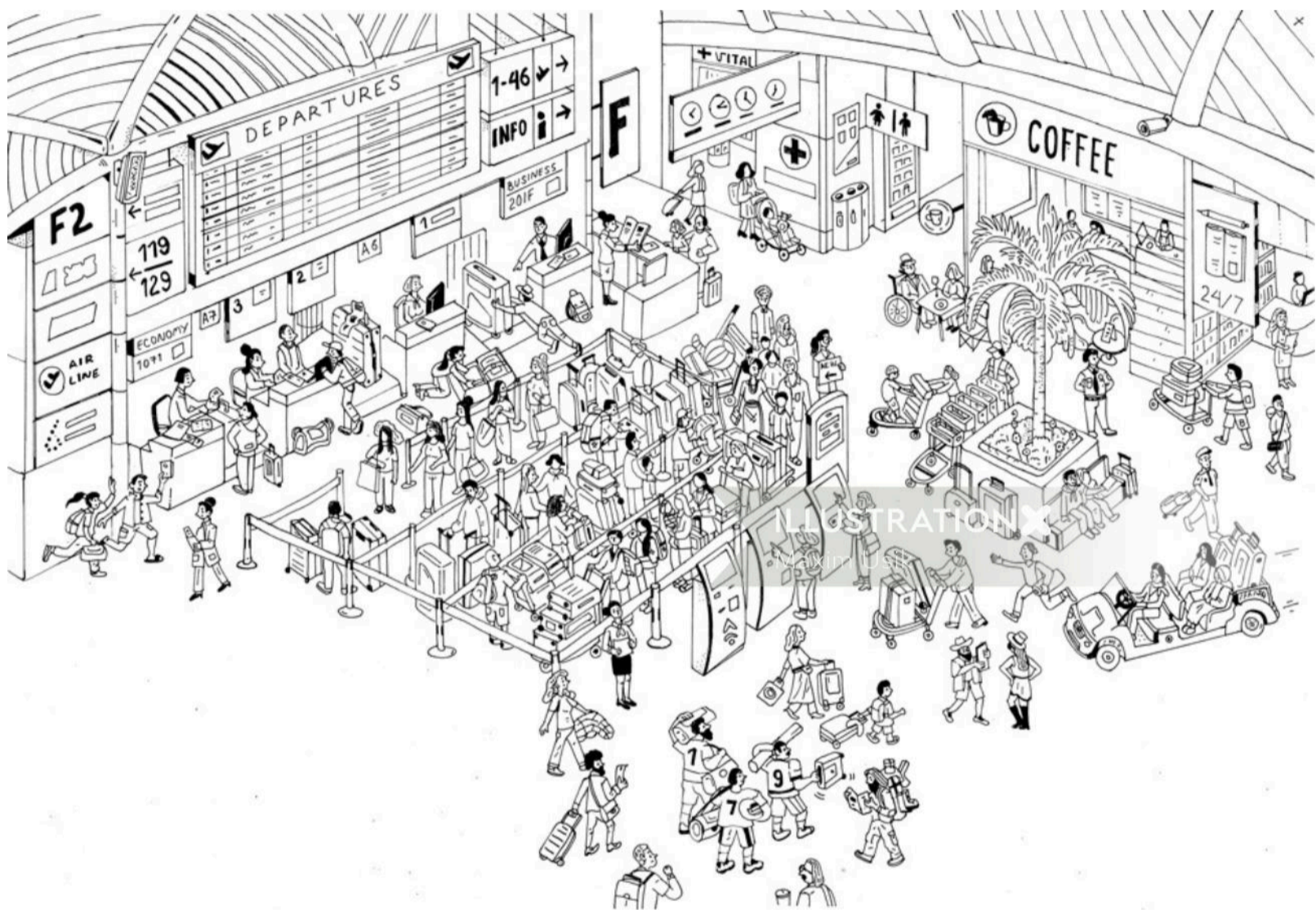
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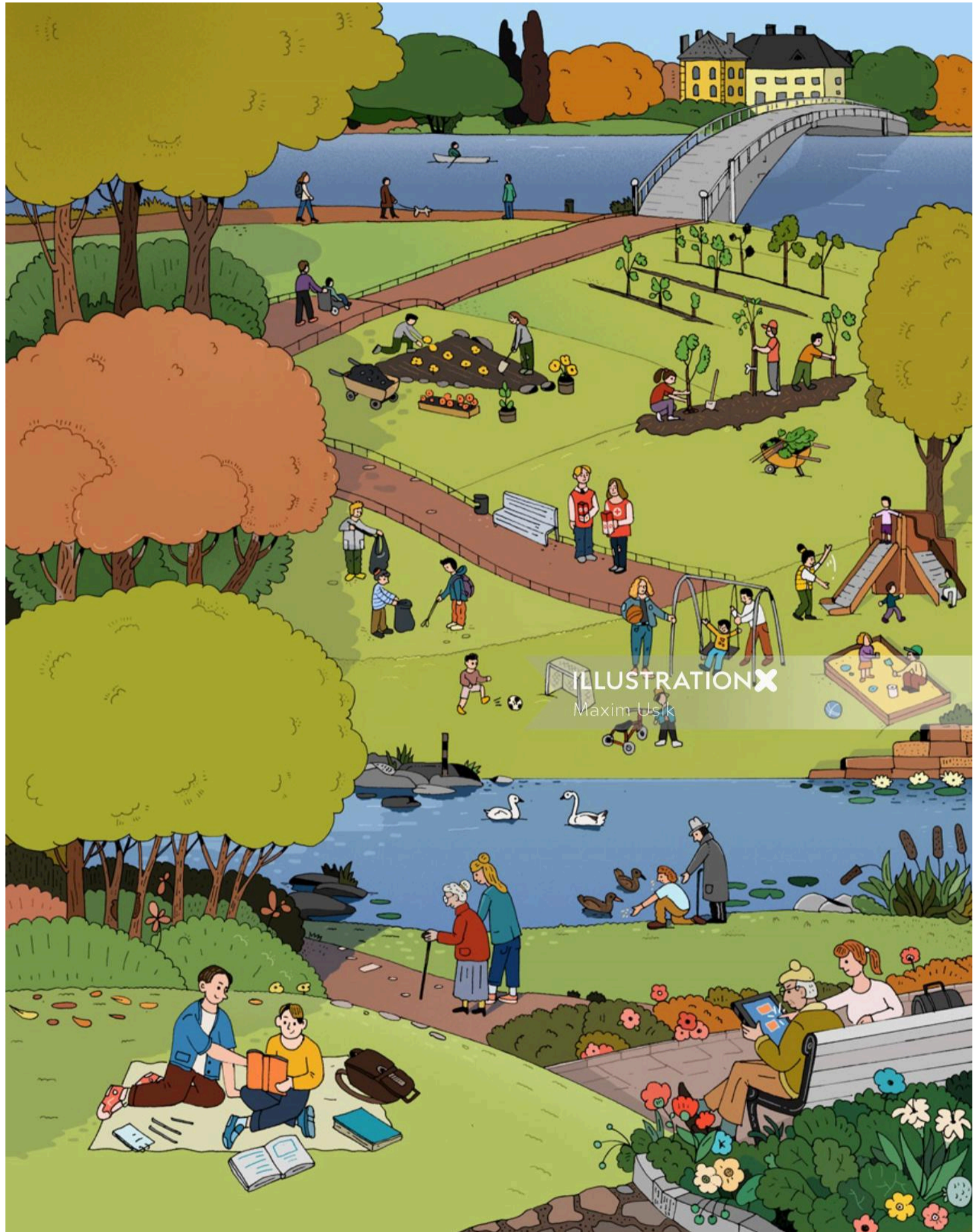
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## OUR CLUBS

### HANDBOOK

## Yours for the asking

There's a right way to make a request of someone

In 2016, Linda Morrow, a workforce development director at an Ontario hospital, received an alarming late-night email from her administrative assistant, Christine Duval. Duval's daughter, Jessie, had fallen ill while traveling in Peru and wound up in a hospital in the remote mountain city of Huaraz. Duval received a digital image of Jessie holding up a sign with the hospital's name, but she was unable to reach her daughter and was frantic.

A member of the Rotary Club of Windsor-Roseland, Morrow contacted other club members. One of them, Mary Jean Gallagher, an educator who had been to Peru several times and visited Huaraz reached out to someone she knew there.

Within minutes, Morrow received email saying that a good Samaritan was heading to the hospital to make sure Jessie was OK. A second email arrived shortly after. Jessie was suffering from a gas intestinal issue and needed medication and to be rehydrated. Someone was with her and would remain until she recovered. On Monday morning, Duval came into Morrow's office at Windsor Regional hospital with tears of gratitude in her eyes.

For Morrow, the episode is a striking example of Rotary connections in action — and a lesson in the power of asking for help, something Rotarians do a lot. Morrow and Gallagher love research and decided to look more deeply into the available information on the psychology of asking for help. They presented their findings at the 2018 Rotary International Convention during a breakout session called "The Power of Asking: Setting the Rotary Network in Motion." Here are their tips.

— STEVE ALMOND



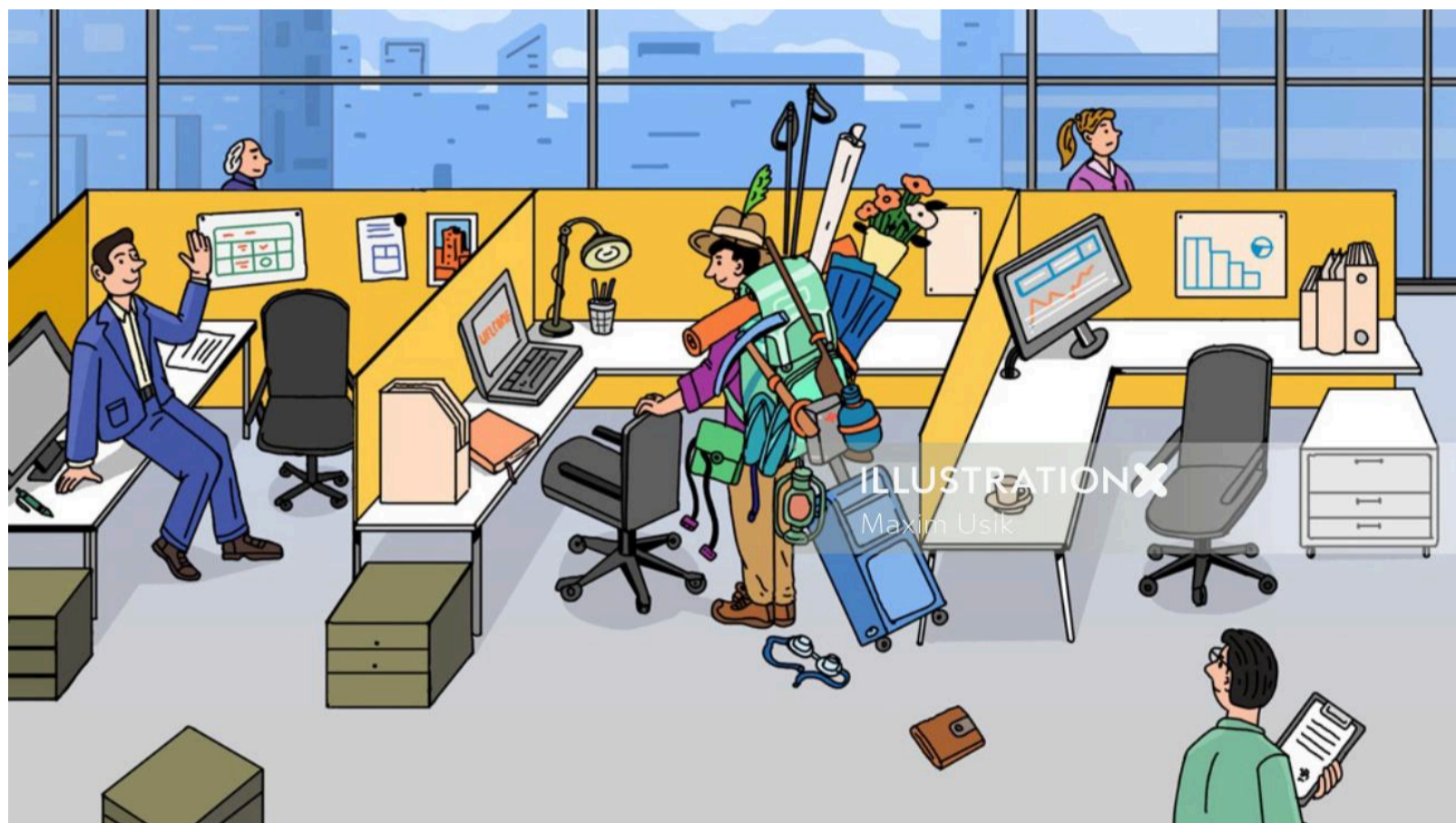
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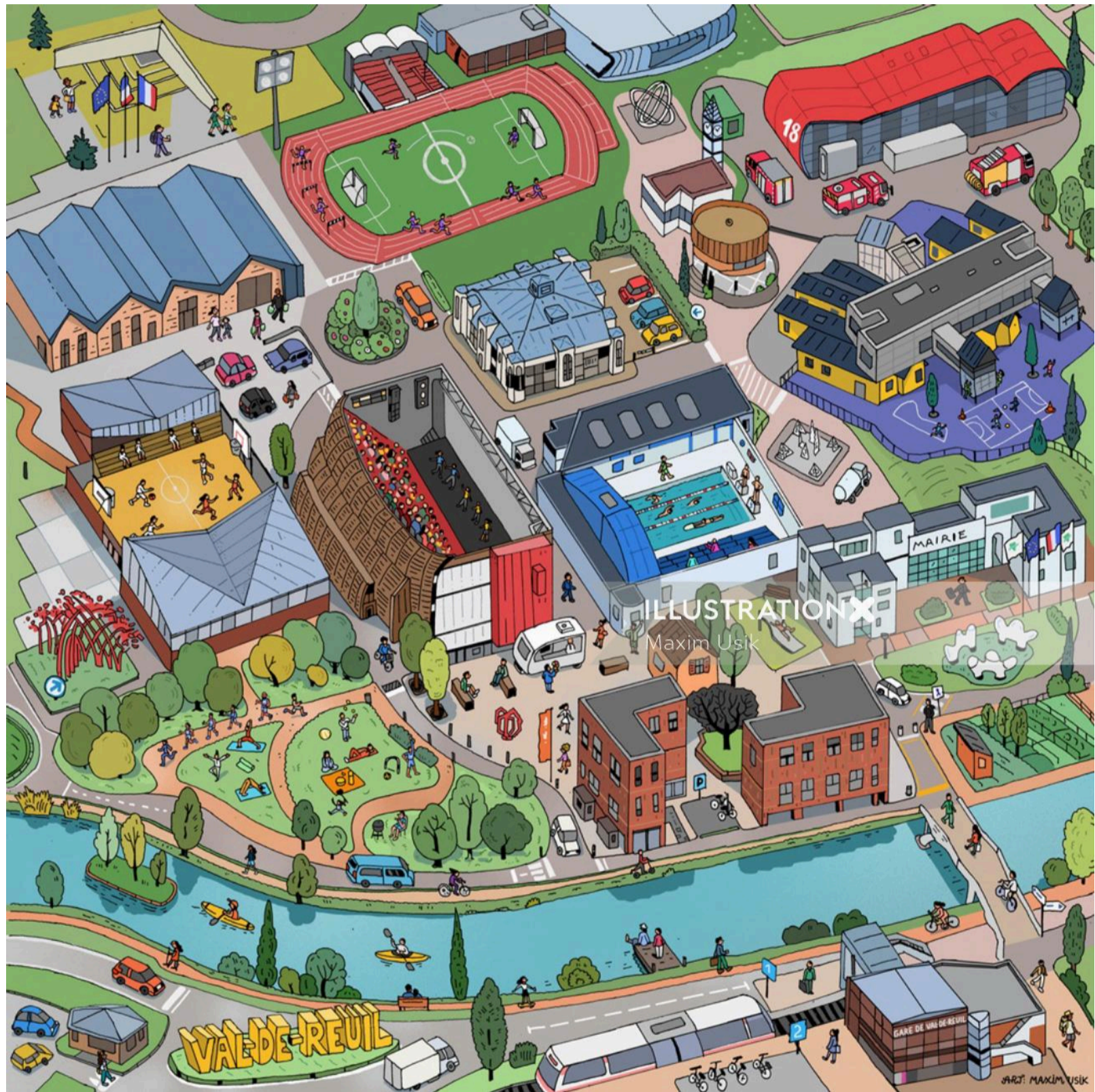
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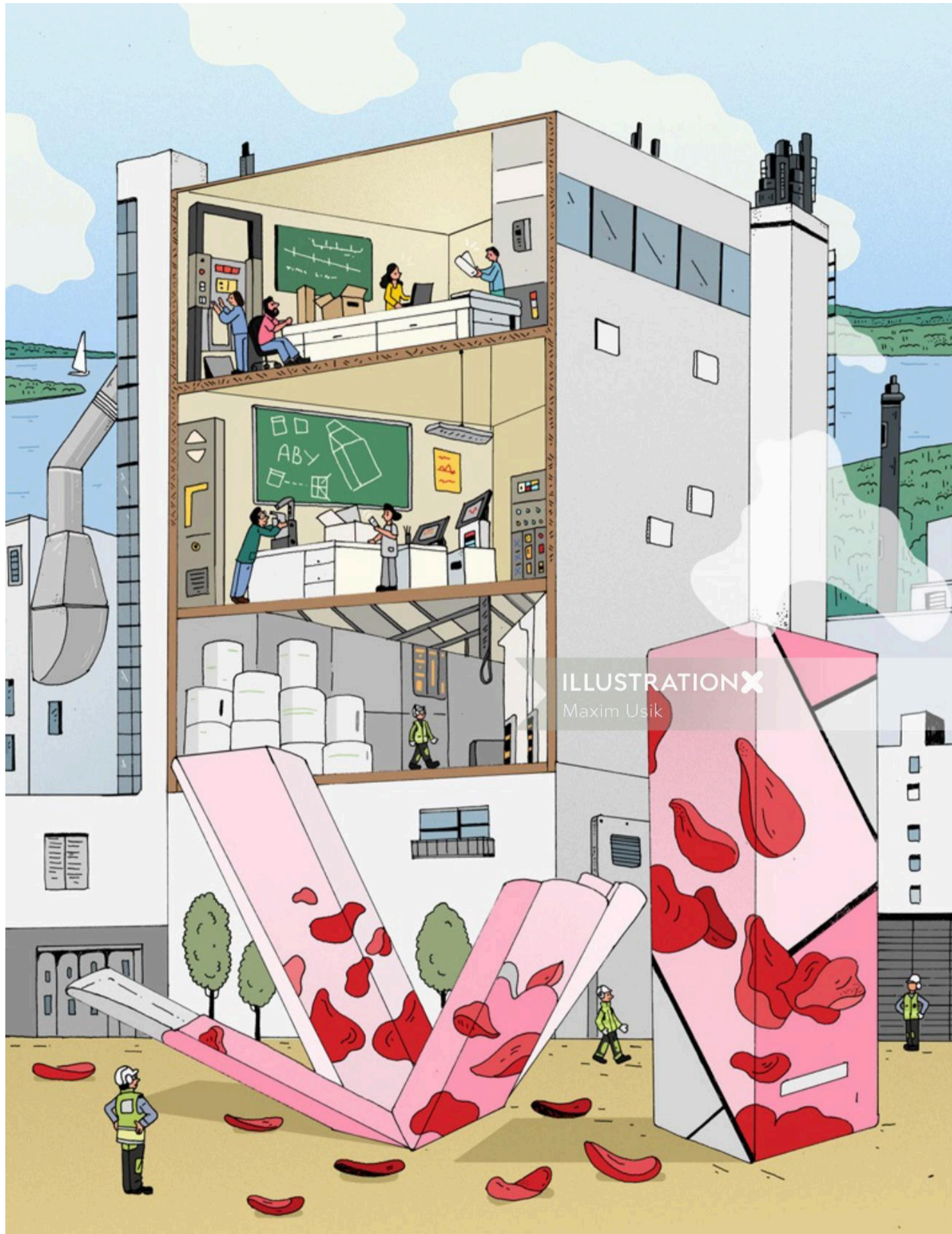
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# 조언이 필요하신가요?

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