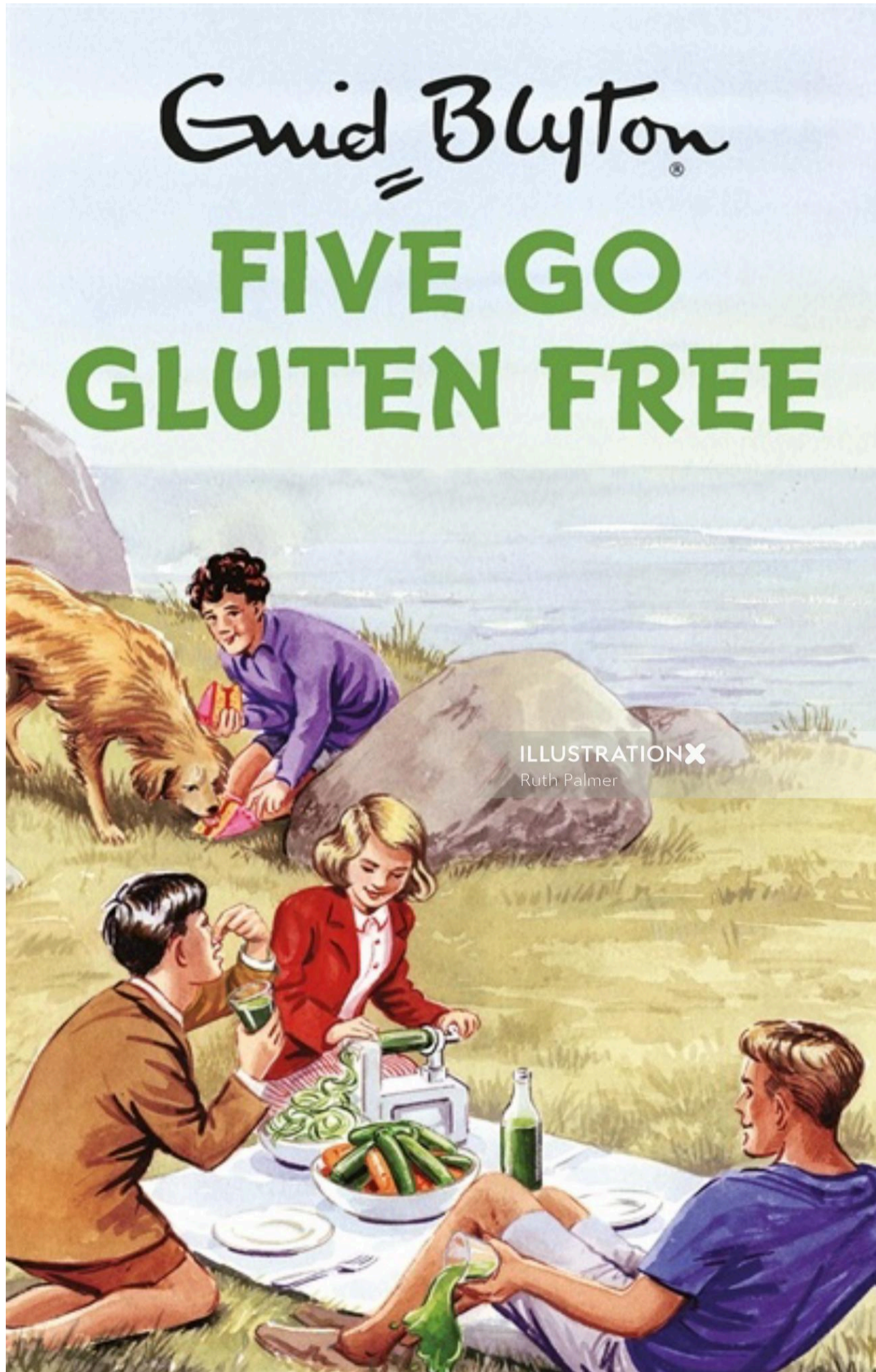


제 포트폴리오에 오신 것을 환영합니다

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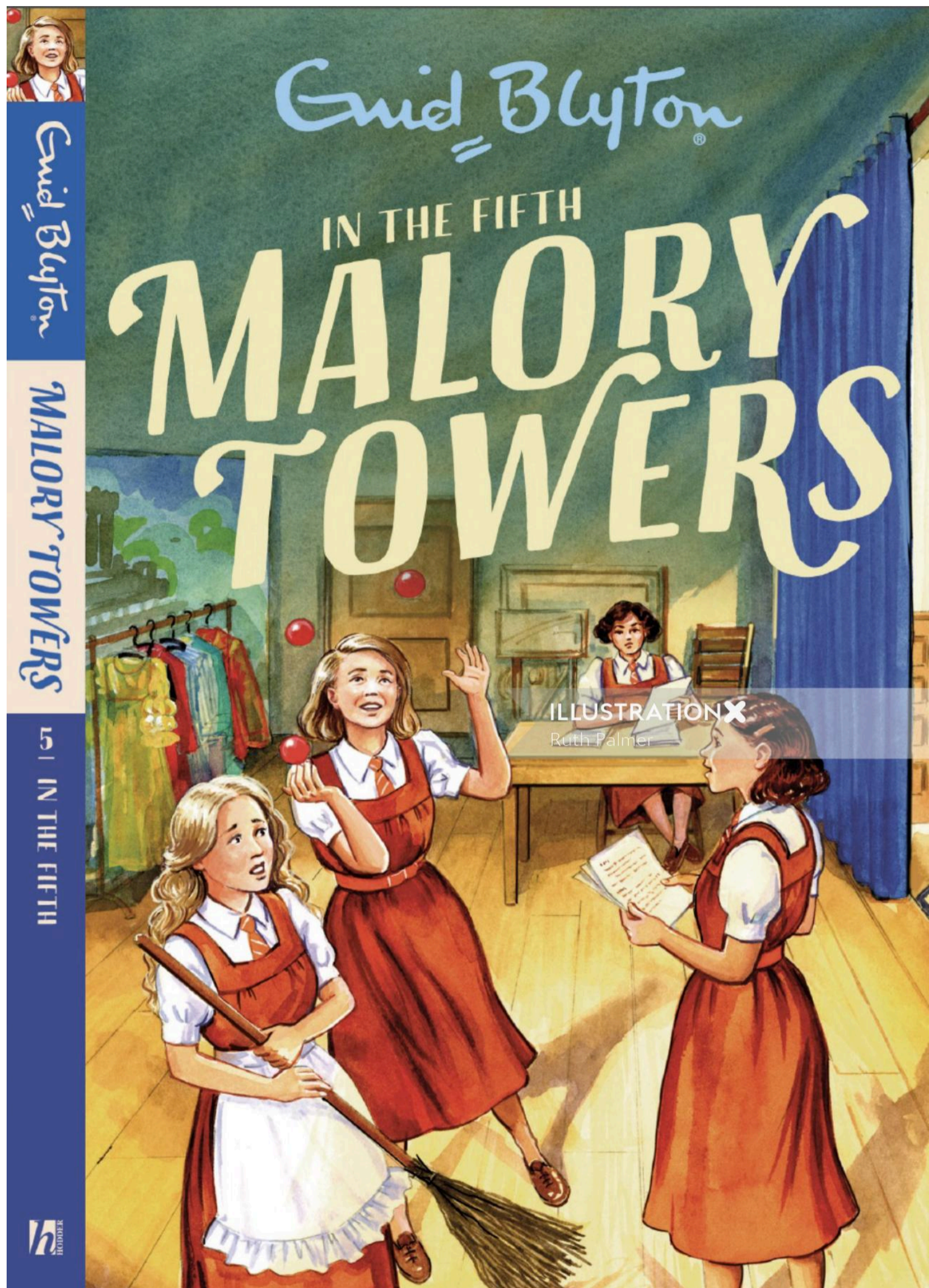
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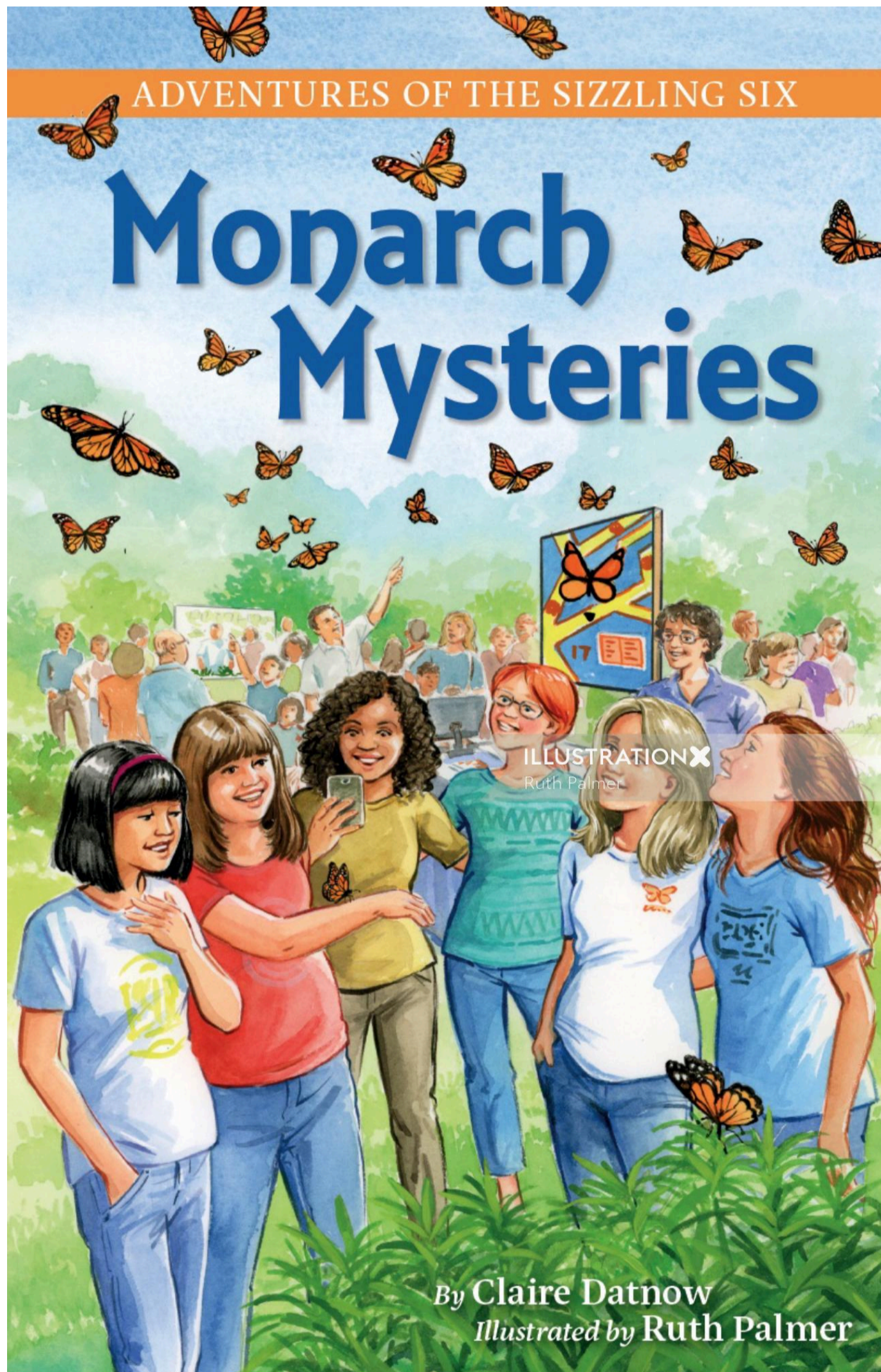
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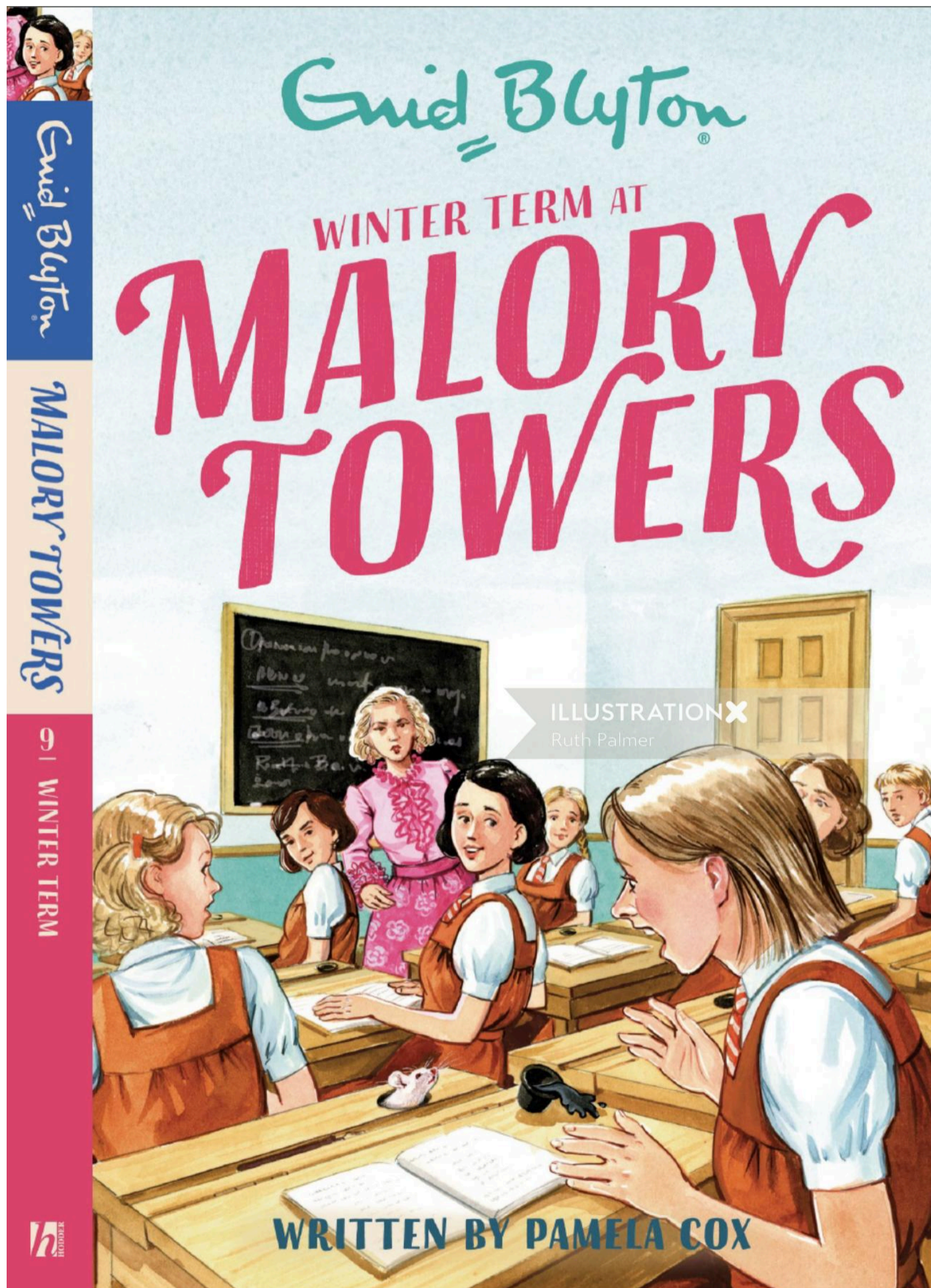
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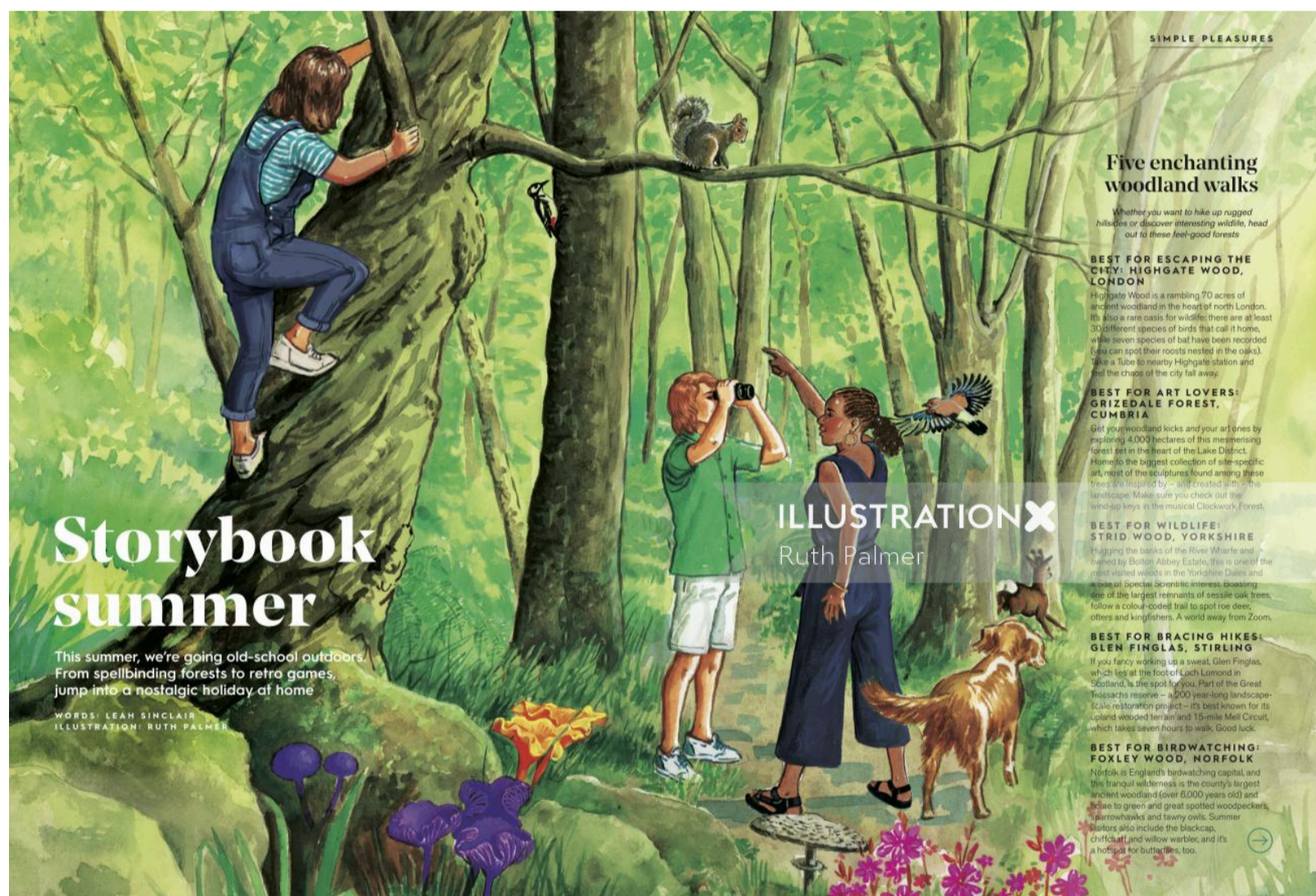
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Storybook summer

This summer, we're going old-school outdoors. From spellbinding forests to retro games, jump into a nostalgic holiday at home.

WORDS: LEAH SINCLAIR
ILLUSTRATION: RUTH PALMER

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SIMPLE PLEASURES

Five enchanting woodland walks

Whether you want to hike up rugged hillsides or discover interesting wildlife, head out to these feel-good forests.

BEST FOR ESCAPING THE CITY: HIGHGATE WOOD, LONDON

Highgate Wood is a rambling 70 acres of ancient woodland in the heart of north London. It's also a rare oasis for wildlife: there are at least 30 different species of birds that call it home, with seven species of bat that have been recorded (you can spot their roosts nestled in the oaks). Take a Tube to nearby Highgate station and let the chaos of the city fall away.

BEST FOR ART LOVERS: GRIZEDALE FOREST, CUMBRIA

Get your woodland kicks and your art ones by exploring 4,000 hectares of the mesmerising 'forest art' in the heart of the Lake District. Home to the biggest collection of site-specific art, most of the sculptures found among these trees are inspired by – and created with – the landscape. Make sure you check out the wind-up keys in the musical Clockwork Forest.

BEST FOR WILDLIFE: STRID WOOD, YORKSHIRE

Following the banks of the River Wharfe and named by Bolton Abbey Estate, this is one of the most visited woods in the Yorkshire Dales and a site of special scientific interest. Boasting one of the largest remnants of sessile oak trees, follow a colour-coded trail to spot roe deer, otters and kingfishers. A world away from Zoom.

BEST FOR BRACING HIKES: GLEN FINGLAS, STIRLING

If you fancy working up a sweat, Glen Finglas, which lies at the foot of Loch Lomond in Scotland, is the spot for you. Part of the Great Trossachs reserve – a 200-year-long landscape restoration project – it's best known for its rugged wooded terrain and 15-mile Mell Circuit, which takes seven hours to walk. Good luck.

BEST FOR BIRDWATCHING: FOXLEY WOOD, NORFOLK

Norfolk is England's birdwatching capital, and this tranquil wilderness is the county's largest ancient woodland (over 6,000 years old) and close to green and great spotted woodpecker, sparrowhawk and tawny owl. Summer visitors also include the blackcap, chiffchaff and willow warbler, and it's a hotspot for butterflies, too.

Ruth Palmer

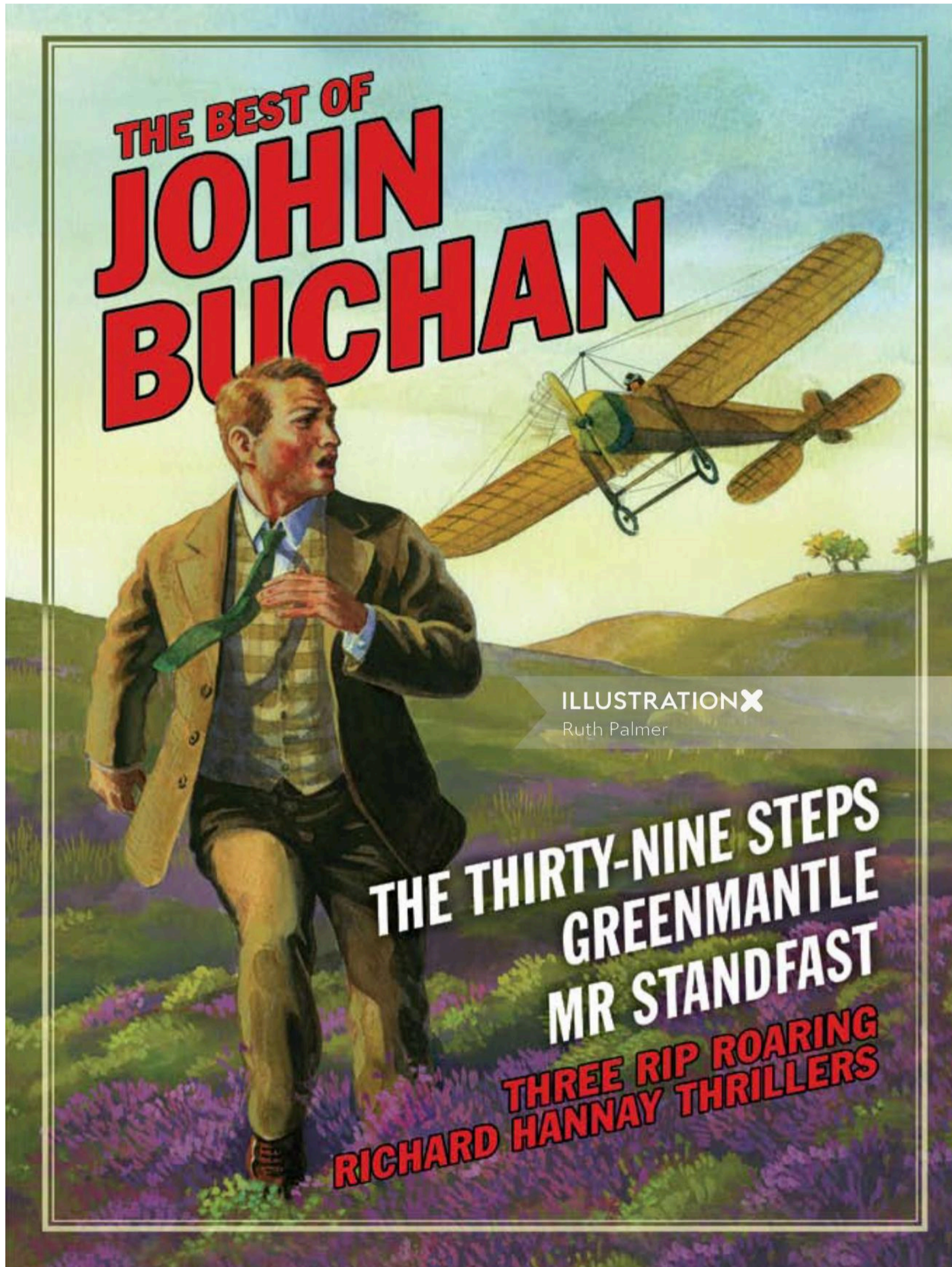
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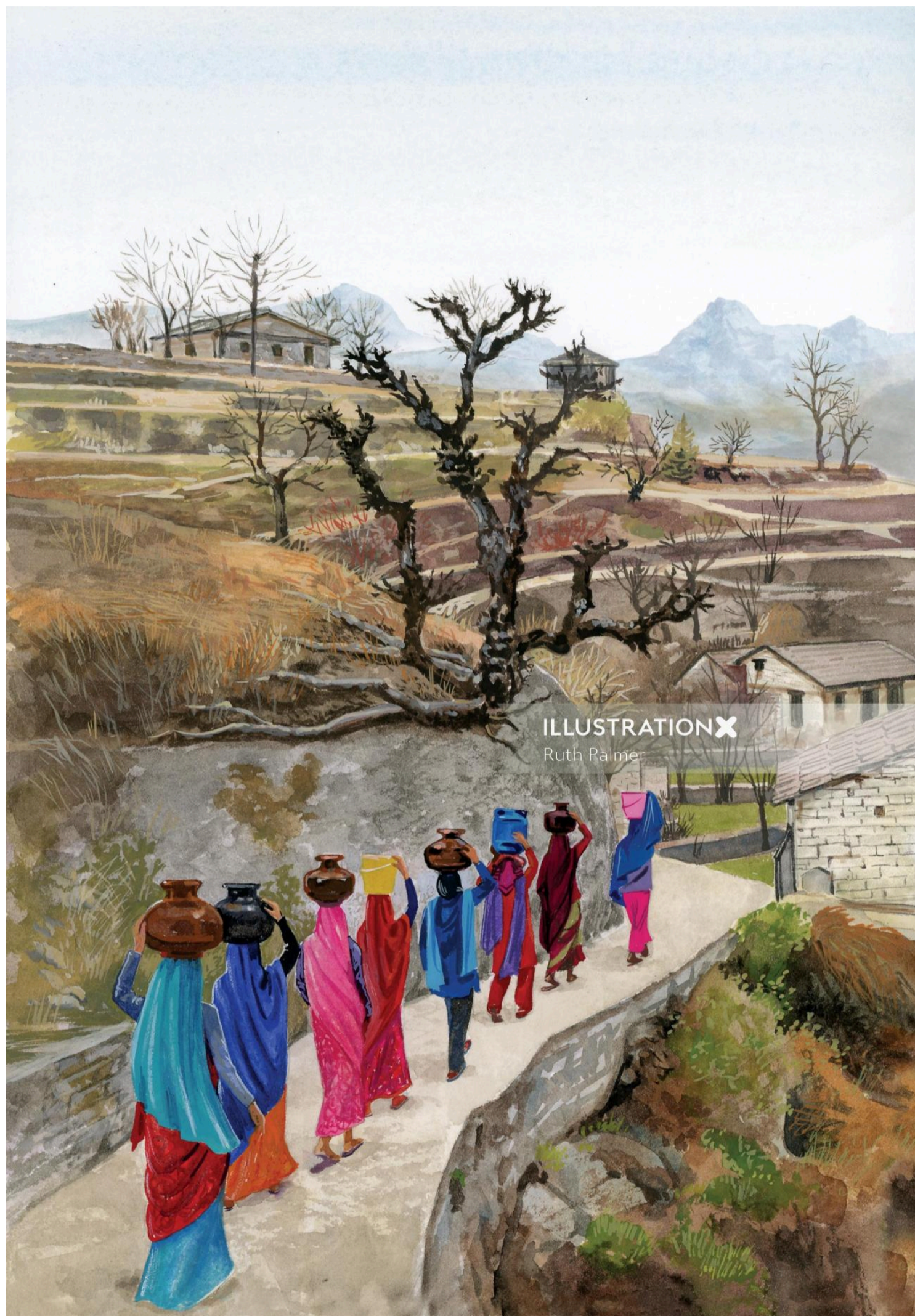
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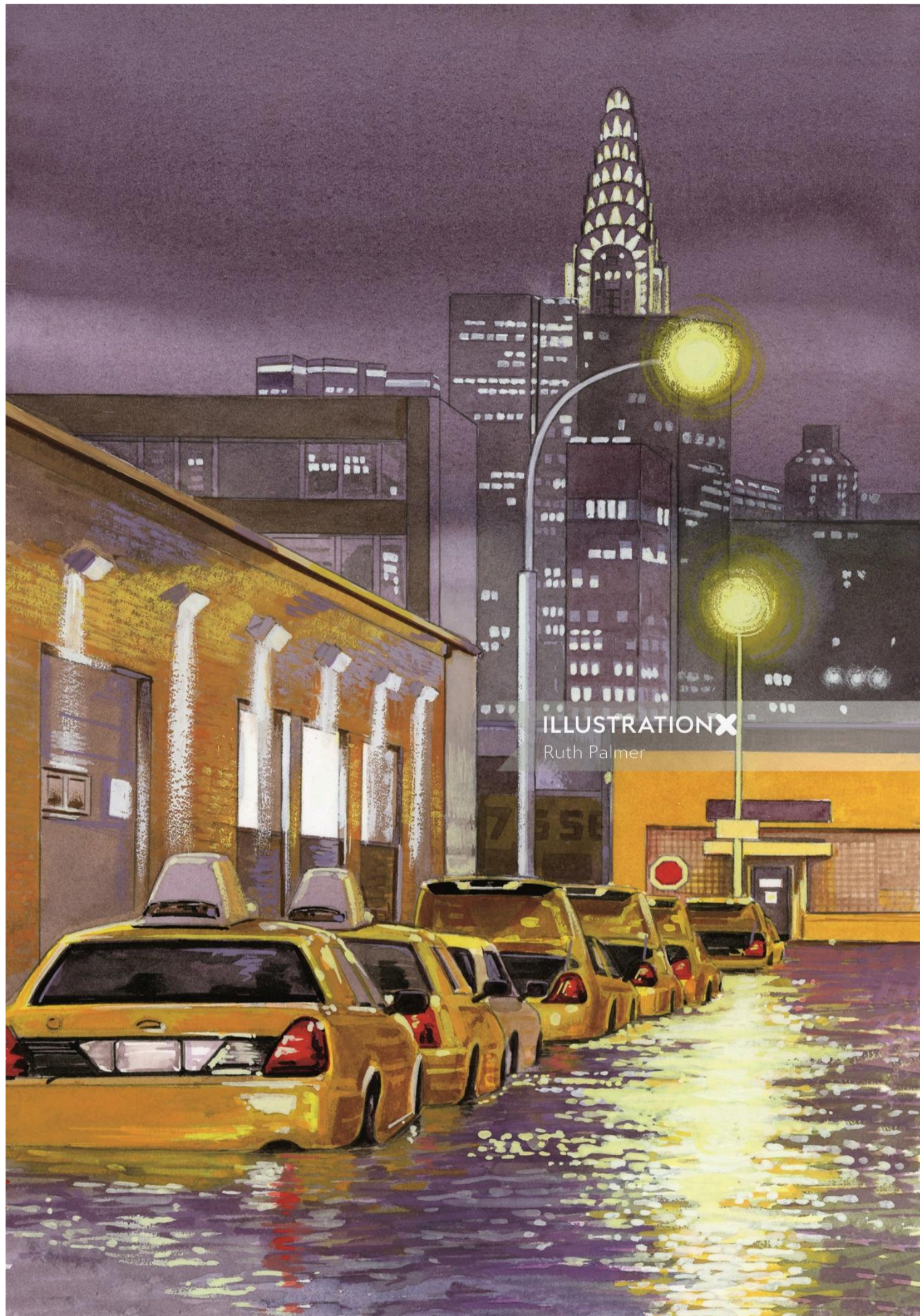
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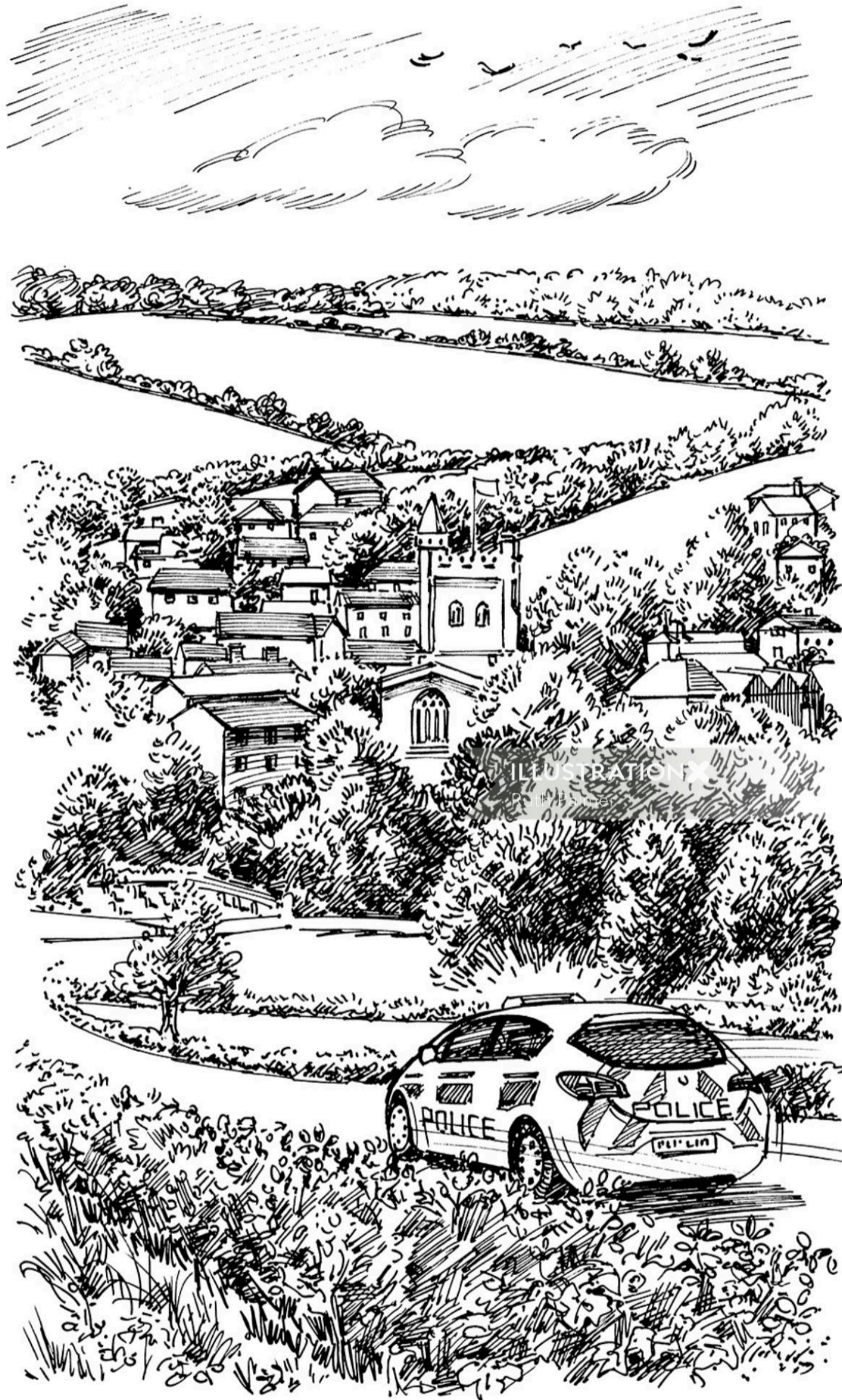
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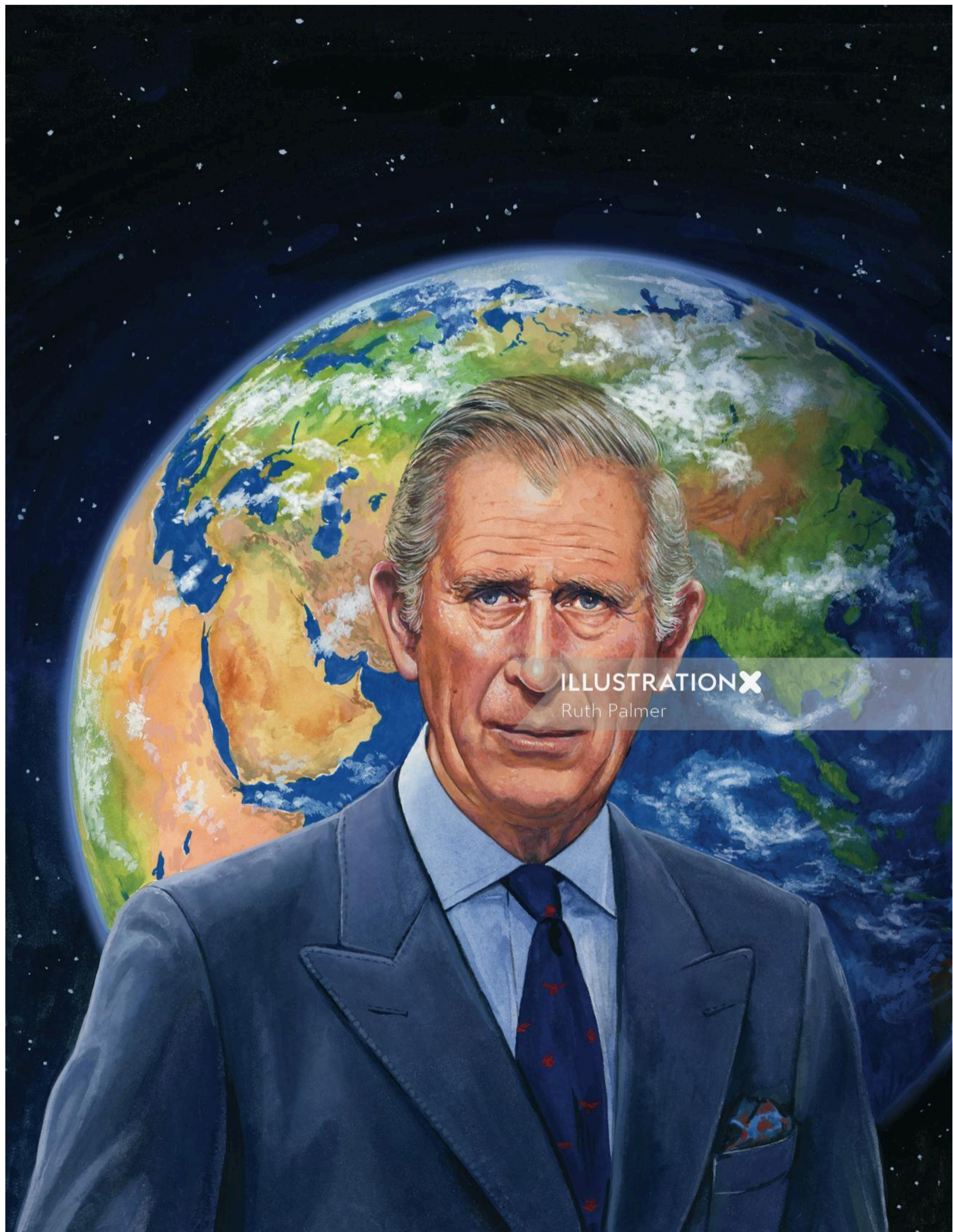
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조언이 필요하신가요?

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